



Phoenix
House
Texas

Impact Report

2022 - 2023



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HILL A. FEINBERG



DREW DUTTON

Annual Impact Statement

Phoenix House Texas and our prevention efforts are now more vital than ever. Between 2019 and 2021, the nationwide prevalence of substance use disorders doubled, leading to a 50% increase in overdose deaths, with youth being disproportionately affected, experiencing a staggering 130% rise in overdose deaths during this period. As 2022 data comes to a close, it appears as though Texas faced another increase of over 10% in total overdose deaths. These alarming statistics emphasize the dire need for effective prevention programs, especially given the severely limited treatment options in Texas, which ranks last in access to care (Mental Health America, 2022). The state has been unable to establish a sustainable care model, which ultimately led Phoenix House Texas to cease treatment programs and pivot to focusing entirely on prevention education. Nevertheless, we have redirected all of our efforts and resources towards delivering effective and engaging prevention programming across the state.

Phoenix House Texas fulfills its mission by bringing cutting-edge research, best practices, and valuable resources directly into communities and schools, thereby playing a crucial role in saving lives. What sets us apart is that we provide these services at no cost to schools and families, ensuring that life-saving information is accessible to all, particularly during this drug and opioid epidemic. Working in collaboration with our dedicated supporters, we consistently reach a growing number of youth, achieving outstanding proficiency and program completion rates. Moreover, we provide the most effective education and training to professionals, families, teachers, and community members, further strengthening our commitment to the well-being of our communities. Phoenix House Texas aims to focus our development efforts on growing our presence in Dallas and Austin to better support the youth and communities in Central and North Texas.

*Of Americans
aged 12 & older*

1 in 4

*used illicit
substances in the
last year*

In the last year

3,427,000

*Teens had Serious
Thoughts of
Suicide*

In the last year

1,666,000

*Teens made
Suicide Plans*

*In the last year,
more than*

1 in 5

*Texas HS students
used marijuana*

In the last year,

922,000

*Teens had a Major Depressive
Episode & co-occurring
Substance Use
Disorder*

In the last year

953,000

*Teens attempted
Suicide*

In the last year

1 in 5

*Teens had a Major
Depressive
Episode*

*Of Americans
aged 12 & older*

48,722,000

*had a Substance
Use Disorder in the
last year*

THE PROBLEM

*In the
past month,*
5,843,000
*underage Americans
used alcohol*

*In the last year,
more than*
1 in 3
*Texas HS Students
have used
alcohol*

*Accidental
Overdose is now the*
**#1 Cause of
Death**
*for Americans under the
age of 50, with fentanyl
leading the way*

*Of underage
alcohol users,*
54%
*were binge drinkers
in the last year*

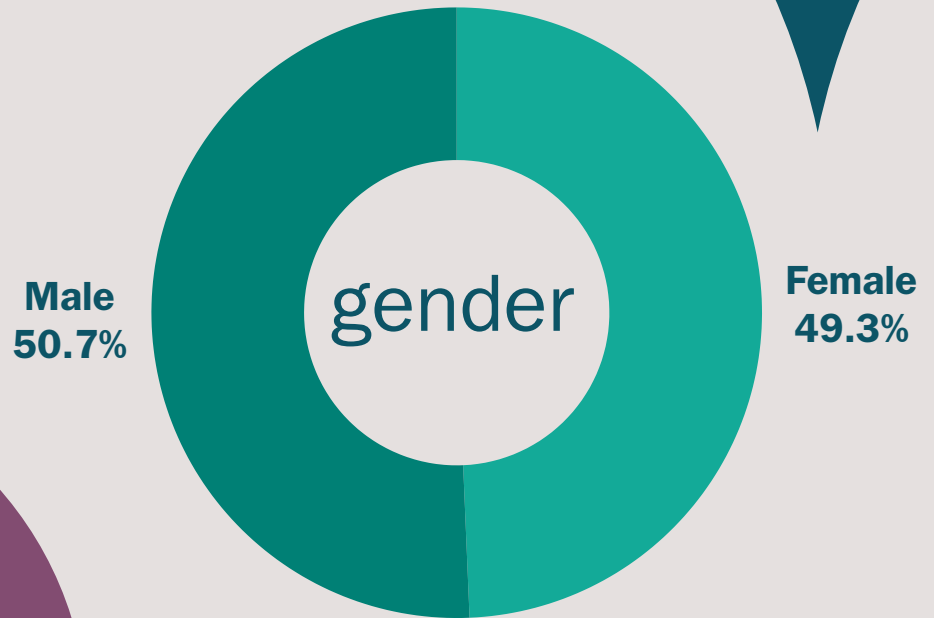
*In the last year,
more than*
1 in 12
*Texas HS students
misused prescription
painkillers*

*Laboratory
testing shows that*
7 out of 10
*pills confiscated by the
DEA contained a lethal
dose of fentanyl*

*Of underage
binge drinkers,*
20.5%
*were heavy
drinkers*

*Of Americans
aged 12 & older,*
991,000
*misused fentanyl
in the last year*

Impact by the Numbers



*Across all
PHT Prevention
programs*

94%

*of participants
on average
completed
successfully*

*PHT has
served more than*

235k

*in Prevention
programs since
PHT's inception*

Impact by the Numbers

PHT served more than

26k

Texans through Prevention in FY23

PHT Prevention served

64

zip codes in FY23

Other
6.9%

White
5.9%

Hispanic
48.8%

race

Black
38.3%

Zip Codes Served



DALLAS AREA



AUSTIN AREA



HOUSTON AREA

Prevention Programs

Prevention programs foster academic achievement, avoidance of addictive substances, improved social and emotional behaviors, and stronger positive relationships with peers, teachers, and parents. Our school-based programs for Pre-K through 12th graders inform young people about the risks and outcomes of substance use and proactively enhance protective factors by increasing knowledge, skills, and attitudes for making healthy choices. Our programming fosters community awareness regarding the health consequences of substance misuse with a particular focus on the state of Texas' priority topics: underage alcohol use, tobacco and nicotine products, marijuana and other cannabinoids, and prescription drug misuse. Our evidence-based curricula include Positive Action, Botvin LifeSkills, Project Towards No Drugs, and Strengthening Families. PHT offers three different levels of school-based prevention, and PHT also participates in Community Coalition Partnership.

Universal Prevention (YPU)

Our Universal Prevention programming is the broadest approach to prevention, providing education to youth in schools and communities about substance misuse and healthy coping.

Selective Prevention (YPS)

Our Selective Prevention programming targets subgroups of youth who are at a higher risk of starting to misuse substances, providing education and healthy coping skills.

Indicated Prevention (YPI)

Our Indicated Prevention programming targets youth who have already been identified as having some issues with substance misuse and/or behavioral health problems.

Community Coalition Partnership (CCP)

Our collaboration with Community Coalition Partnership targets working with teens and communities, focusing on influencing social norms and policies.

Our Why

Mission

Our mission is straightforward and focused:
We are passionate about healing individuals, families, and communities challenged by substance use disorders and related mental health conditions.

Values

Integrity
Collaboration
Appreciation
Respect
Excellence
FORward thinking



Equity Statement

At Phoenix House Texas, our youth are at the core of who we are and what we do. Since addiction does not discriminate, we provide services to a wide range of patients from all types of communities. As an organization, we work to be respectful of the wide range of cultural behaviors, reduce opportunities for bias and help our work to better resonate with all partners. PHT recognizes and works to address the disparity in access to healthcare that disproportionately hurts communities of color and LGBTQIA+ individuals. We are passionate about healing individuals, families, and communities challenged by substance use disorders and related mental health conditions.

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Thank you to our generous supporters!

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Your support saves lives!

PLEASE CONSIDER DONATING

Your generous contributions allow us to strengthen our existing programs and build up new programs to support the expanding need for our services. Visit www.phoenixhousetx.org or scan this code.



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