

CONTENT

1	Annual Impact Statement
2	Why We Do This
3	Impact by the Numbers
4	Client Map & Prevention Spotlight
6	Financial Highlights & Supporters
8	PHT Board Members & Staff
9	Mission & Values



Phoenix House Texas DALLAS · AUSTIN · HOUSTON · SAN ANTONIO

SANNUAL IMPACT STATEMENT

We treated 655 adolescents struggling with substance use disorder at our residential and outpatient treatment programs. We educated more than 34,000 individuals on the risks associated with marijuana, alcohol, tobacco, and prescription misuse. Newsweek recognized Phoenix House Texas (PHT) as a Best Addiction Treatment Center in Texas for our two outstanding residential facilities, and the NonProfit Times named PHT as one of America's fifty Best Non-Profits to Work For. These awards inspire us to aim higher and reach for even loftier goals, and as the recent drug overdose statistics demand our attention.

In the previous 12 months, 110,000 Americans died from a drug overdose - a 10% increase from the previous year and 56% more than 5 years ago - continuing a dizzying growth curve that started in 2013 as fentanyl became more common in illicit drugs. Unfortunately, the adolescent community is not immune from this terrifying trend. Last year, there was a 132% surge in adolescent drug overdoses largely due to the fentanyl epidemic. We are meeting this need by expanding our adolescent girls' residential capacity by 50 percent opening a 16-bed dormitory on our Austin campus.

Under the guidance of the board of directors, we underwent an extensive strategic planning process to connect with community stakeholders, former and current patients, and PHT staff to establish a clear vision to curb the overdose epidemic in our community. The feedback overwhelmingly identified that to be successful we need to create collaborative partnerships, transform our quality metrics, improve the patient and staff experience with updated facilities, and build organizational capacity to meet growing demand.





HILL A. FEINBERG

DREW DUTTON

We are entering the first phase of the Phoenix Forward 2022-2030 strategic plan. During this phase, we are solidifying community partnerships to ensure best in class services and sharing relevant information to make certain client outcomes are holistic. We are hiring and retaining additional counselors and recovery advocates to more effectively treat complex patients with multiple substance use disorders with co-occurring mental health disorders and negative economic and social conditions. Focusing our attention on our two tent-pole communities in Dallas and Austin, we look to expand our outpatient delivery model to remove one of the most common barriers to treatment and expand the number of prevention programs to ensure kids and school districts are educated on the risks associated with substance use. Lastly, to ensure we are always the "right" door to knock on, we plan to complement our current prevention and treatment services with a recovery program to round out the full substance use continuum of care.

These are aspirational goals that will transform the way we operate and positively impact the community. We appreciate your support and look forward to collaborating on creating pathways to opportunities for every teen challenged by substance use or addiction to reach their full potential.

HILL A. FEINBERG Chair, Board of Directors DREW DUTTON M.ED, MBA, LPC-S, LCDC, ACPS President & CEO as of November 2022



1 in 5

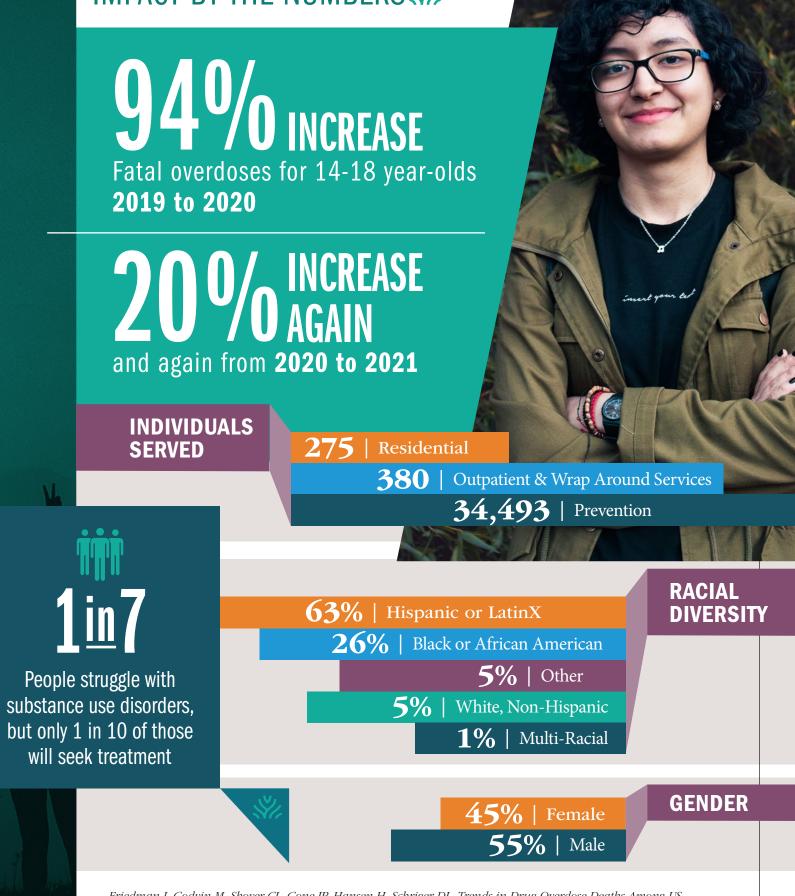
People with a mental health diagnosis also have a substance use disorder.

WHY WE DO THIS S

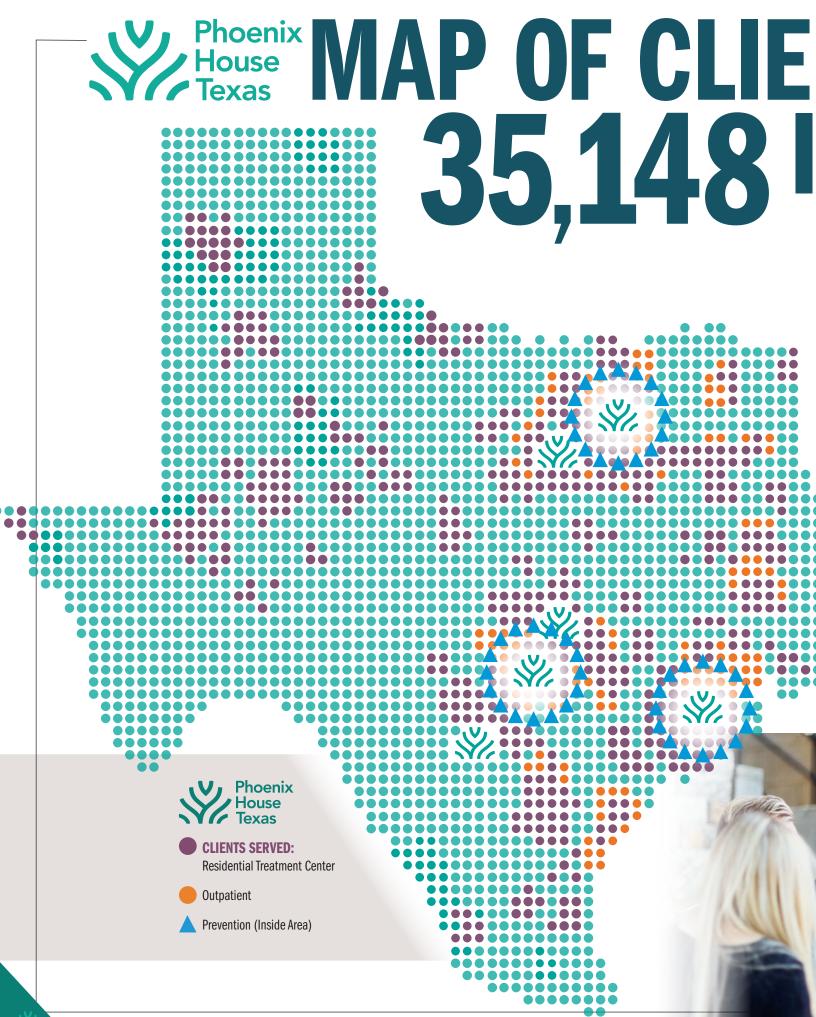
A PATIENT'S STORY* I was born in San Antonio, Texas and lived in a rough neighborhood in a single parent household with my mom and my sister. At the age of eight, I moved to Boerne, Texas, which was a huge change in location and way of living compared to the environment I was in before. I was bullied and outcasted because I was a lot different and less wealthy than the other kids in the school system, so through the years I tended to get in a lot of trouble due to hanging out with certain kids and looking for some way to release my pain. At thirteen years old, I started using Adderall and marijuana very frequently. At the time, nobody really understood how bad I was on drugs or if I was even on them. For the next two years, I went to different mental hospitals and went in and out of alternative school. Then, at fifteen years old, I ended up in a rehab and juvenile detention. The next two years, I spent in and out of institutions and AA. I could never get away fully from the drug no matter what I tried. One day CPS showed up and told me I needed to go to rehab because I couldn't stop using drugs, but instead I decided to run. I was homeless for a week, living in a meth house closet smoking weed and doing pills. Eventually, I decided I needed to turn myself in and I stayed in CPS placements for six months which came with a lot of trauma and abuse. I finally went back to living with my mom and again, started using after just a month. I was blacking out on Xanax and completely messed up off of dxm, Adderall, and weed. My mother was constantly fighting with me and telling CPS I was using again. I decided to come to Phoenix House, initially just to get my mom's trust to be able to start using again once I left. But, now that I'm here, I've met so many people who truly seem happy not using. Every single person here makes me feel cared for, which is something I never expected to find. When people mess up at PHT, we don't get punished. We get support and help from our counselors. The support my counselors have shown me has changed my mind about treatment and recovery. I already see the results in my recovery, and I am so excited to get to step twelve and offer this miracle I've been given to someone else. I am thankful for Phoenix House Texas and what they provide for me, a community with compassion and support in my recovery.

*This story is an amalgamation of multiple PHT patient stories

IMPACT BY THE NUMBERS 🐝



Friedman J, Godvin M, Shover CL, Gone JP, Hansen H, Schriger DL. Trends in Drug Overdose Deaths Among US Adolescents, January 2010 to June 2021. JAMA. 2022 Apr 12;327(14):1398-1400. doi: 10.1001/jama.2022.2847. PMID: 35412573; PMCID: PMC9006103.



NTS SERVED NDIVIDUALS

% PREVENTION HIGHLIGHT

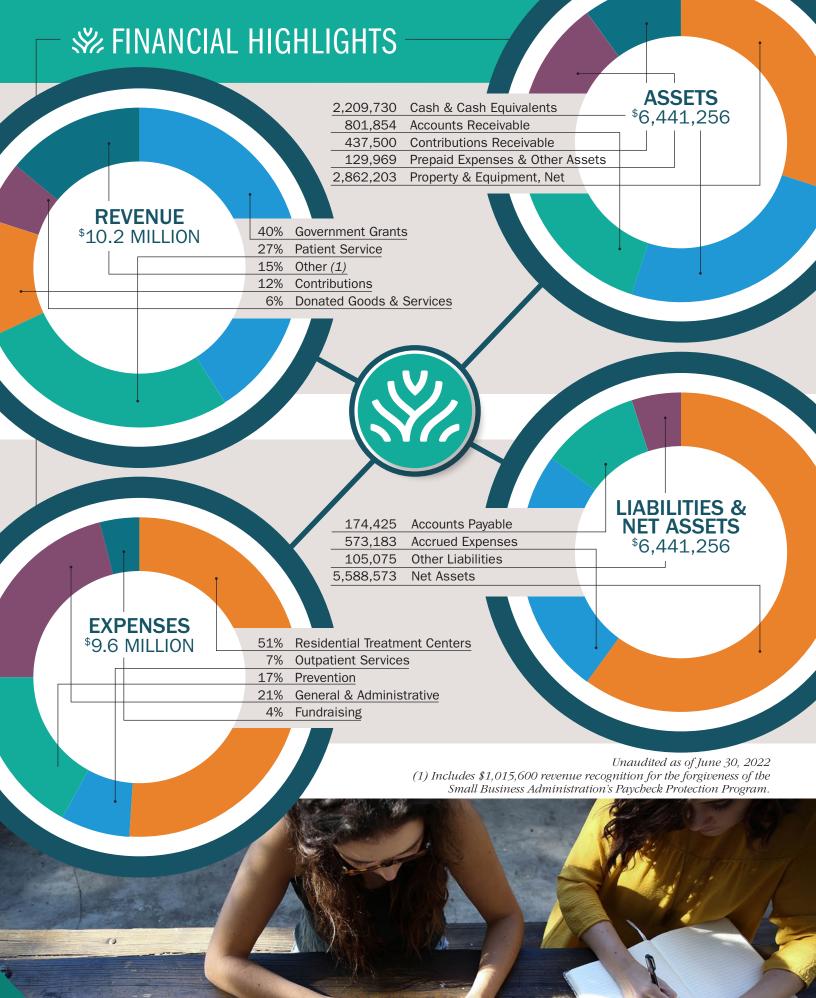
COALITION OF SUBSTANCE ABUSE PREVENTION (COSAP)

Phoenix House Texas partners with several agencies to provide effective and informative prevention education classes. One of these partnerships includes the Community Coalition Partnership (CCP). CCP is funded through HHSC and targets area is Spring Branch. The purpose of our coalition, CoSAP, is to encourage community mobilization and bring awareness to underage drinking, marijuana and prescription drug use. Studies show that youth that misuse prescription medications, obtain access from someone close to them. "Two-thirds of teens who misused pain relievers in the past year say that they got them from family and friends, including their home's medicine cabinets, making it important to safeguard medicine in the home ... " (Partnership to End Addiction, 2021) Prescription drug use is on a rise and reducing access to youth is one of CoSAP's priority. The environmental strategy utilized, to address prescription drug misuse, is for our coalition to participate in the DEA's, National Drug Take Back Day, which is held biannually. On the campus of HCC- Spring Branch, CoSAP, hosts the Drug Take Back Day and educates the community of the dangers of prescription medication. This past year, CoSAP collected over 800 lbs. of unused, unwanted, or expired medication from the surrounding area.

4666/ Teens have tried illicit drugs by the time they're in the 12th grade.







SUPPORTERS

VISIONARY : \$200,000+

Truman & Anita Arnold Foundation

LEADER : \$100,000+

James C. & Norma I. Smith Foundation Success Foods Management Group, LLC - Torchy's Tacos Constantin Foundation

₩ HERO : \$50,000+

Hellas Construction & The Seaton Family Foundation Hamon Charitable Foundation Montandon Charitable Trust Hill A. Feinberg Southwestern Medical Foundation – T. Boone Pickens Scholarship

W LUMINARY : \$25,000+

Bank of America Charitable Foundation Charlie Brindell Denny & Connie Carreker Katherine R. Crow Trammel & Margaret Crow Foundation Durham Family Foundation The Moody Foundation

※ I CAN : \$500+

Jack E. Addams, Thomas Anderson, Erin Arnott, Michael Bartolotta - in honor of Hill A. Feinberg, Bank of America Employee Giving Campaign, America's Charities, Deborah Criminger, Cary Daniels, Dale Daniels, Facebook Donation, Christine Drossos, Robert Dyer, Alan D. Feld, Jane Peterson Fossum - in honor of Hill A. Feinberg, AmazonSmile Foundation, United Way Worldwide/ Frontstream, J.P. Morgan Charitable Giving Fund, Fidelity Charitable Gift Fund, The Benevity Community Impact Fund, Theodore Gonzalez, Stephanie Grogan, Mary Hall, Ethan Hotea - in memory of Cameron Stewart, Nikisha Jackson, Mark Johnson, Patricia Kallusch. Kama Boswell Koudelka - in honor of Amy Ware, Alex Maloney, Regina Fonts Morris, Sandra Myers, Susan Norman - in honor of Alice White & Meadows Choir, Roibert Paxton, John C. Rutledge - in honor of Hill A. Feinberg, Linda Sheldon, Linda Smith - in memory of Cameron Stewart, Kathryn Stetson, Brock Thompson, John E. Wimberley, Megan Wood, Nicole Zazzali

Gifts received July 1, 2021 through June 30, 2022

CHAMPION : \$10,000+

Communities Foundation of Texas, Inc. Kennington Family Philanthropic Fund at The Dallas Foundation Sportsfield Specialties Lola Wright Foundation Vizient

ADVOCATE : \$5,000+

Dr. & Mrs. Arthur & Charlotte Cohen ECG Foundation Cindy & Joe Geer W.P. & Bulah Luse Foundation Ann Mahowald – in honor of Kathy Crow & Amy Ware John Muschalek – in honor of Hill A. Feinberg Susan Wayne Strauss

Charitable Foundation Amy A. Ware

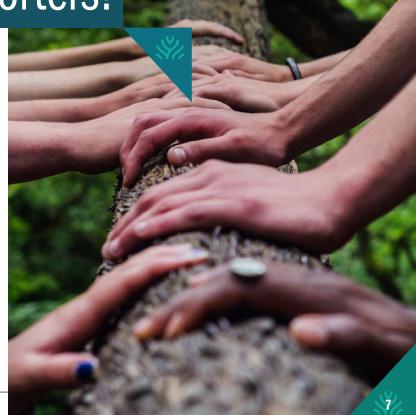
Thank You to Our Supporters!

PARTNER : \$2,500+

Anonymous The Greg & Belinda Burns Fund – In honor of Becky Burns Matthew Fraser Marguerite and Michael Marz Stephen Millwee The Aileen & Jack Pratt Foundation Steve Smith

BELIEVER : \$1,000+

Carla Bass – in honor of Hill A. Feinberg Lucy Billingsley Jennifer Chandler Randy and Renee Day David Dini – in honor of Hill A. Feinberg Dr. S. Marshall Isaacs Kathryn Mitchell Gwen Parker – in honor of Amy Ware The Gil & Dody Weaver Foundation



Hill A. Feinberg - Chairman Chairman Emeritus Hilltop Securities Inc.

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Elizabeth Baxter Chief People Officer *Success Foods Management Group, LLC - Torchy's Tacos*

Charlie R. Brindell Jr. Executive Chairman *Mill Creek Residential*

Denny Carreker

Owner Jet Linx Management Company

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Managing Partner US Security Ventures

Managing Partner Signal 88 Security

Owner *Curantis*

8

Jennifer Chandler Crystal Charity Ball Representative

Managing Director President, Bank of America Dallas Division Performance Executive

Katherine R. Crow Civic & Philanthropic Leader

Steve Durham Chairman *Americas Strategic Holdings, LLC*

S. Marshal Isaacs, MD Emergency Medical Services UT Southwestern, Parkland Health & Hospital

Mark E. McClendon

Former Vice Chancellor for Finance Tarrant County Community College

Jaime D. Pesantes Criminal Defense Lawyer Pesantes Law Firm **Mary Poss**

Realtor Ebby Halliday Head of Ebby Halliday Foundation Former Mayor & Mayor Pro-Tem, City of Dallas

Sue Wayne Strauss Civic & Philanthropic Leader

John M. Talmadge, M.D. Clinical Professor of Psychiatry UT Southwestern Medical Center

Amy A. Ware Civic & Philanthropic Leader

Drew Dutton President & CEO Phoenix Houses of Texas, Inc. As of November 2022

Sherry Walton Secretary of the Board,

Executive Coordinator *Phoenix Houses of Texas, Inc.*

COMMITMENT *Solution* We are committed to helping people live extraordinary lives in recovery.

390/0 Drug use is highest among persons between the ages of 18-25

XALUES

Integrity the quality of being honest, fair, true

Collaboration a genuine spirit and practice of teamwork

Appreciation cultivating and celebrating success of our patients, employees, and community

Respect

treating others as they want to be treated, with dignity

Excellence

holding ourselves to the highest standards in everything we do

Forward-Thinking

enjoying discovering new ideas and finding innovative solutions



EQUITY STATEMENT

At Phoenix House Texas, our youth are at the core of who we are and what we do. Since addiction does not discriminate, we provide services to a wide range of patients from all types of communities. As an organization, we work to be respectful of the wide range of cultural behaviors, reduce opportunities for bias and help our work to better resonate with all partners. PHT recognizes and works to address the disparity in access to healthcare that disproportionately hurts communities of color and LGBTQIA+ individuals. We are passionate about healing individuals, families, and communities challenged by substance use disorders and related mental health conditions.

% PHOENIX HOUSE TEXAS STAFF

LEADERSHIP & MANAGEMENT

Drew Dutton, M.ED, MBA, LPC-S, LCDC, ACPS President & CEO, as of November 2022

Alicia Coleman, CPA Vice President, Controller

Regina Fonts Morris Vice President of Development

Jessica Grist, PHR Director of Human Resources

> Sherry Walton Executive Coordinator

Anil Swarup, MD, Child & Adolescent Psychiatrist, MBA, FAPA, Medical Director

PROGRAM MANAGEMENT

Crystal Waddell, MHA, ACPS Senior Director of Prevention

Stephanie Grogan, M.S., LPC, LCDC, NCC, CCTP Program Director at Hill A. Feinberg Academy & Counseling Center

Susanna Huffman, LPC, LCDC, NCC Program Director at Austin Academy

> Dusty Vigil, M.S., LPC, LCDC, EMDR Trained Director of Quality Assurance

Phoenix House Texas provides residential and outpatient treatment to adolescents aged 13-18.

HEADQUARTERS

1910 Pacific Ave., Suite 10500 Dallas, TX 75201-4591 *pb:* 214-920-1628 | *f:* 214-351-0967

HILL A. FEINBERG ACADEMY & COUNSELING CENTER

RTC, PHP : Residential Treatment Center, Partial Hospitalization IOP,SOP : Intensive Outpatient, Supportive Outpatient

2345 Reagan Street Dallas, TX 75219 *ph:* 214-999-1044 | *f:* 214-526-3285

AUSTIN ACADEMY & COUNSELING CENTER RTC, PHP IOP, SOP

400 W. Live Oak Street Austin, TX 78704 *pb:* 512-440-0613 | *f:* 512-440-0235

HOUSTON COUNSELING CENTER

PREVENTION EDUCATION HEADQUARTERS IOP, SOP

2525 North Loop West, Suite 100 Houston, TX 77008 *pb:* 713-426-2637 | *f:* 713-862-1849

ROUND ROCK COUNSELING CENTER IOP, SOP

211 Commerce Street Building B, Suite 107 Round Rock, TX 78664 *pb:* 512-440-0613 | *f:* 512-440-0235

SAN ANTONIO COUNSELING CENTER IOP, SOP

1135 Mission Road, Bldg. 2 San Antonio, TX 78210 *pb:* 512-440-0613 x4732 | *f:* 512-440-0235











Phoenix House Texas Dallas · AUSTIN · HOUSTON · SAN ANTONIO

PLEASE CONSIDER DONATING

to help our community teens out of addiction. Go to Phoenixhousetx.org or scan this code.



If you know of someone that needs help, contact us and begin the road to recovery.

TEXAS ASSESSMENT & ADMISSIONS 844-PH TEXAS or 844.748.3927 | PhoenixHouseTx.org TIN: **13-3810073**