If you know of someone that needs help, contact us and begin the road to recovery.

TEXAS ASSESSMENT AND ADMISSION: 844-PH TEXAS or 844.748.3927
PhoenixHouseTx.org
Dear Friends,

100,306. That’s the staggering loss of life from drug overdose deaths last year. As COVID raged and shut down the world’s economy, the drug overdose epidemic continued its unprecedented growth; it increased by 28% compared to last year and nearly doubled over the past five years, according to the Centers for Disease Control and Prevention. Unfortunately, the fiscal crisis created by COVID for many non-profit substance use providers decreased the number of residential beds available to the underserved community, making treatment available to fewer people than ever before. Our community is in a crisis and every stakeholder of Phoenix House Texas has rallied around our philosophical belief that I CAN SM.

I CAN SM is the wise strength of creativity of our Prevention Specialists to quickly adapt our Prevention education for K-12th graders to be virtual so that youths and families understand the risk of drugs and alcohol. A study led by researchers at the National Institute on Drug Abuse illustrates the greater vulnerability of adolescents than adults to develop substance use disorders after first trying cannabis or misusing prescription drugs.

I CAN SM is the courageous strength of bravery of our Recovery Advocates, Counselors, Nurses, and Psychiatrists to treat adolescents in residential care during a health pandemic because treating an adolescent with substance use and mental health disorders is lifesaving work. Our residential facilities in Dallas and Austin have remained open every single day since the start of the COVID pandemic because addiction is a chronic disease that progressively worsens until treated.

I CAN SM is the transcendent strengths of gratitude and hope demonstrated by the donor community to invest in the future of our community’s youth. Our donors responded to the escalating drug epidemic by investing $1.1 million toward our mission and ability to positively impact 32,574 individuals in our community so they can acquire the necessary skills to lead bright and promising lives in recovery.

Our confidence has never been greater that WE CAN stop the unprecedented growth of overdose deaths because we have witnessed the amazing resilience of everyone in the community during an unprecedented moment in history. Thank you for your continued support and commitment to our mission to heal individuals, families, and communities impacted by substance use disorder and their related mental health conditions.
**Why We Do This: A Client’s Story Using I CAN℠ & Their Identifying Strengths**

*I always grew up around drugs*, people drinking, guns and all types of things a kid shouldn’t be raised around. During 8th grade, I became friends with two guys. Both of them drank, smoked and popped pills. That year, I started out with just cigarettes, as silly as that may seem. I went on to weed, telling myself “It’s just a plant, it’s not addictive.” I knew what weed was growing up, but I didn’t consider that a drug until I came to Phoenix House Texas. I would always get away with being drunk or high at school, so I didn’t see anything wrong with it. Before I got kicked off my basketball team, we had a fundraiser. Instead of turning in the money, I used it to get drugs. At this point in my life, I didn’t care about anything but my next high. Deep down, I knew I needed to change. Eventually, my parents had had enough and gave me an ultimatum; come to Phoenix House Texas or get kicked out.

I didn’t feel judged when I came to Phoenix House Texas. My first few days here, I learned a lot about sobriety and how much my using impacted my life. My primary counselor taught me how to start feeling and talking about my emotions which made it easier to be able to talk to my family *(HONESTY)*. I was able to trust my counselor enough to be able to open about what happened to me when I was younger and was able to realize why I feel the way I do *(BRAVERY)*. I trusted her enough to not shut down and knew that she was there to listen as opposed to blame me.

I learned responsibility through the *I CAN℠* phase system and it encouraged me to grow and work harder *(ACQUIRE SKILLS)*. The groups taught me how to notice emotional triggers and deal with the root of my addictions. You get a lot of time to focus on who you are sober. It’s hard at times because we are so used to turning to drugs. You learn coping skills that are healthy. *(PERSERVERANCE)* At PHT, you’re able to have the time and space to find out how to help yourself find a better and sober you *(CONSIDER POSSIBLE SELVES)*. My peers and the staff all encouraged me to be who I am and helped me to realize that it’s okay to be who I am *(NURTURE HOPE)*.

Now, I am a college student and I have been sober for 1 year. PHT helped me see that I want to be a Licensed Professional Counselor, specializing in mental health and addictions in adolescents *(CONSIDER POSSIBLE SELVES)*. I would not be at this point in my life if I didn’t have the support of Phoenix House Texas.

*This story is an amalgamation of multiple PHT patient stories.*
Impact By The Numbers

Since 1995, we have been a leader in the field of substance use treatment; providing addiction, behavioral health, and family services to anyone in need, often offering the only chance of recovery to the underserved and uninsured in our community.

In FY2021, 32,574 individuals in Texas receive our life-saving services: residential and outpatient treatment, school-based prevention and mental health services. 91% of individuals came from minority communities.

54% of residential treatment clients have a co-occurring mental health issue such as anxiety, depression, or PTSD in addition to substance use issues.

# of Calls and Screenings: 1,210
# of Assessments: 537
Map of Clients Served: 32,574 Individuals

Phoenix House Texas Locations

CLIENTS SERVED:
- Residential Treatment Center
- Outpatient
- Prevention (Inside Area)
By The Numbers
As of June 30, 2021

Revenue $8.8m

- 41% Government Grants
- 30% Patient Service Revenue
- 12% Contributions
- 5% Donated Goods & Services
- 12% Other

(1) Includes $1,015,600 revenue recognition for the forgiveness of the Small Business Administration’s Paycheck Protection Program.

Assets

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cash &amp; Cash Equivalents</td>
<td>1,957,991</td>
</tr>
<tr>
<td>Accounts Receivable</td>
<td>922,990</td>
</tr>
<tr>
<td>Contributions Receivable</td>
<td>975,000</td>
</tr>
<tr>
<td>Prepaid Expenses &amp; Other Assets</td>
<td>229,763</td>
</tr>
<tr>
<td>Property &amp; Equipment, Net</td>
<td>3,160,047</td>
</tr>
<tr>
<td><strong>Total Assets</strong></td>
<td><strong>7,276,937</strong></td>
</tr>
</tbody>
</table>

(1) Includes $1,015,600 revenue recognition for the forgiveness of the Small Business Administration’s Paycheck Protection Program.
Expenses $8.7m

- 2% Fundraising
- 20% General & Administrative
- 53% Residential Treatment Centers
- 17% Prevention
- 8% Outpatient Services

Liabilities & Net Assets

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Accounts Payable</td>
<td>276,969</td>
</tr>
<tr>
<td>Accrued Expenses</td>
<td>677,837</td>
</tr>
<tr>
<td>Long Term Debt</td>
<td>0</td>
</tr>
<tr>
<td>Refundable Advance: Paycheck Protection Program</td>
<td>1,015,600</td>
</tr>
<tr>
<td>Net Assets</td>
<td>5,306,532</td>
</tr>
</tbody>
</table>

Total Liabilities & Net Assets 7,276,937
Supporters

Super Stars
$375,000
Crystal Charity Ball

Visionaries
$100,001 – $250,000
Truman and Anita Arnold Foundation
Torchy's Tacos - Success Foods Management Group, LLC

Leaders
$50,001 – $100,000
Hill A. Feinberg
The Upswing Fund for Adolescent Mental Health

Heroes
$25,001 – $50,000
Katherine R. Crow
Trammell and Margaret Crow Foundation
Hoblitzelle Foundation
James C. and Norma I. Smith Foundation
Southwestern Medical Foundation
- T. Boone Pickens Scholarship

Luminaries
$10,001 – $25,000
Charlie Brindell, Jr.
City of Austin Non-Profit Relief Grant
Communities Foundation of Texas, Inc.
- North Texas Giving Day
Mayor Mary Poss

Champions
$2,501 – $10,000
John D. (Denny) and Connie Carreker, Jr.
Communities Foundation of Texas, Inc.
- North Texas Cares
Eugene McDermott Foundation
Susan Wayne Strauss
Amy A. Ware
Mark Wischmeyer

Advocates
$1,001 – $2,500
Dr. Arthur and Charlotte Cohen
Lucy Billingsley
Dr. S. Marshal Isaacs
John Muschalek
Dr. Anil Swarp

Partners
$501 – $1,000
The Catholic Foundation
Jane Cundiff
Alice and Ron Davis
Richard Fox
Margaret Hancock
Vera Ingram
Bart Loewen
Marguerite and Michael J. Marz

I CAN
Up to $500

Donors listed gave between 07.01.20 - 06.30.21
HILL A. FEINBERG – Chairman
Chairman Emeritus
Hilltop Securities Inc.

STEPHANIE ARNOLD
Civic and Philanthropic Leader

CHARLIE R. BRINDELL, Jr.
Executive Chairman, Mill Creek Residential

JOHN D. (DENNY) CARREKER, JR.
Owner, Jet Linx Management Company
Managing Partner, Promentory Insights
Managing Partner, US Security Ventures
Managing Partner, Signal 88 Securities
Owner, Curantis

KATHERINE R. CROW
Civic and Philanthropic Leader

STEVE DURHAM
Chairman, Americas Strategic Holdings, LLC

S. MARSHAL ISAACS, MD
Emergency Medical Services
UT Southwestern, Parkland Health & Hospital System
City of Dallas/Dallas Fire-Rescue

MARK E. McCLENDON
Vice Chancellor for Finance - Retired
Tarrant County Community College

JAIME D. PESANTES
Criminal Defense Attorney
Pesantes Law Firm

MARY POSS
Realtor, Ebby Halliday
Former Mayor & Mayor Pro-Tem, City of Dallas

SUSAN WAYNE STRAUSS
Civic and Philanthropic Leader

JOHN M. TALMADGE, M.D.
Clinical Professor of Psychiatry
University of Texas Southwest Medical Ctr.

AMY A. WARE
Civic and Philanthropic Leader

BART LOEWEN
President & CEO
Phoenix House of Texas, Inc.

SHERRY WALTON
Secretary of the Board
Executive Coordinator
Phoenix House of Texas, Inc.

NEW BOARD MEMBERS – 2022

ELIZABETH BAXTER
Chief People Officer
Success Food Management Group, LLC
DBA Torchy’s Tacos

JENNIFER CHANDLER
Crystal Charity Ball Representative
Managing Director
President, Bank of America Dallas Division Performance Executive
LEADERSHIP AND MANAGEMENT

Bart Loewen  
President & CEO

Drew Dutton, M. Ed., LPC, LCDC  
Chief Operating Officer

Alicia Coleman, CPA  
Vice President, Controller

Regina Fonts Morris  
Vice President, Development

Jessica Grist, PHR  
Director, Human Resources

Sherry Walton  
Executive Coordinator

Anil Swarup, MD, Child and Adolescent Psychiatrist, MBA, FAPA  
Medical Director

PROGRAM MANAGEMENT

Crystal Waddell, MHA, ACPS  
Senior Director, Prevention

Meredith Mullens Meurer, M.A., LPC, LCDC  
Program Director, Austin Academy

Stephanie Grogan, M.S., LPC, LCDC, NCC, CCTP  
Program Director, Hill A. Feinberg Academy and Counseling Center

Susanna Huffman, LPC, LCDC, NCC  
Director, Outpatient Services

Nikita Yarbrough, LCDC – Intern  
Director, Patient Services

Dusty Vigil, M.S., LPC, LCDC, EMDR Trained  
Director, Quality Assurance
MISSION

Our mission is straightforward and focused: We are passionate about healing individuals, families, and communities challenged by substance use disorders and related mental health conditions.

VALUES

**Integrity**  
*The quality of being honest, fair, true.*

**Collaboration**  
*A genuine spirit and practice of teamwork.*

**Appreciation**  
*Cultivating and celebrating success of our patients, employees, and community.*

**Respect**  
*Treating others as they want to be treated, with dignity.*

**Excellence**  
*Holding ourselves to the highest standards in everything we do.*

**Forward-Thinking**  
*Enjoying discovering new ideas and finding innovative solutions.*

COMMITMENT

We are committed to helping people live extraordinary lives in recovery.

At Phoenix House Texas, our youth are at the core of who we are and what we do. Since addiction does not discriminate, we provide services to a wide range of patients from all types of communities. As an organization, we work to be respectful of the wide range of cultural behaviors, reduce opportunities for bias and help our work to better resonate with all partners. PHT recognizes and works to address the disparity in access to healthcare that disproportionately hurts communities of color and LGBTQIA+ individuals.
If you know of someone that needs help, contact us and begin the road to recovery.

TEXAS ASSESSMENT AND ADMISSIONS: 844-PH TEXAS or 844.748.3927
PhoenixHouseTx.org